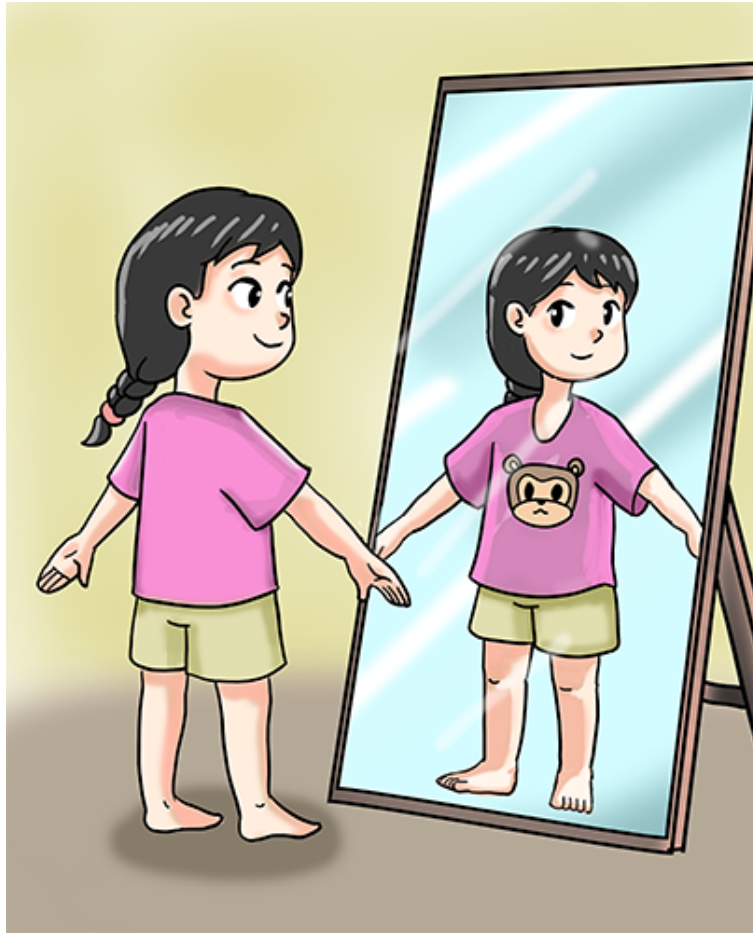


## My Body

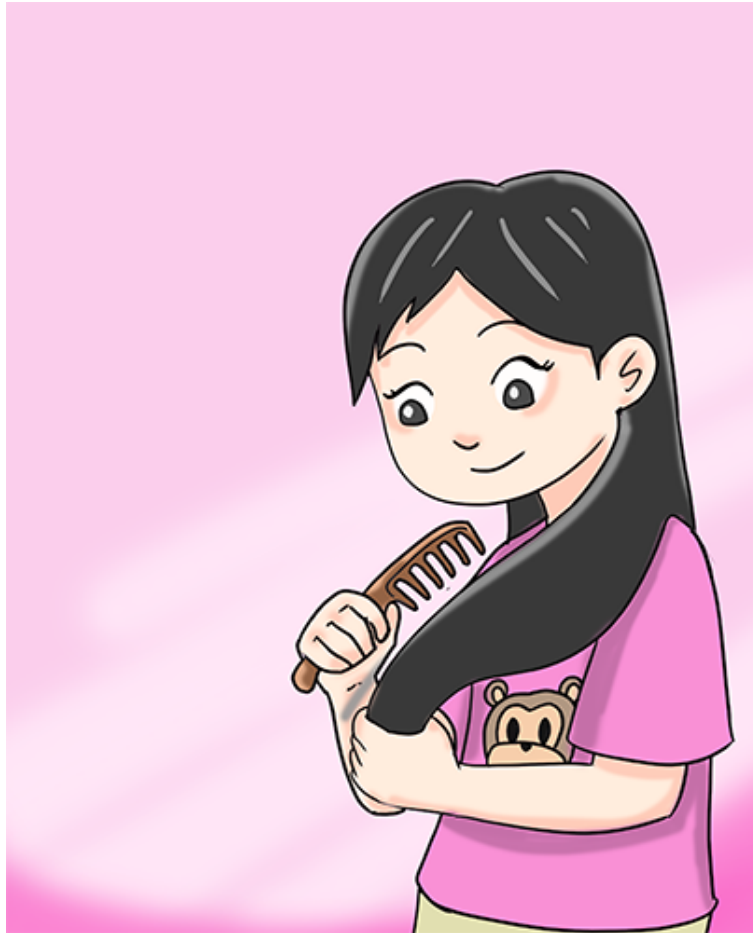
ສຸກພະຈັນ ໄຊເສນາ  
ຄໍາປະສອນ ສີຫາປັນຍາ

Let's  Read

 The Asia Foundation

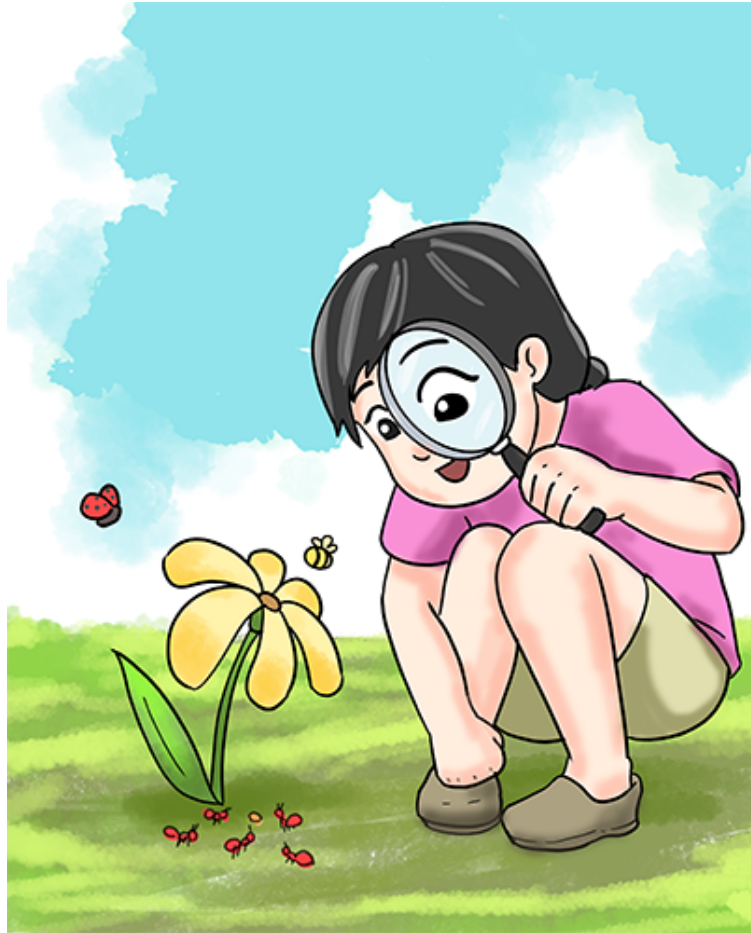


This is my body.



This is my hair.

My hair protects my scalp.

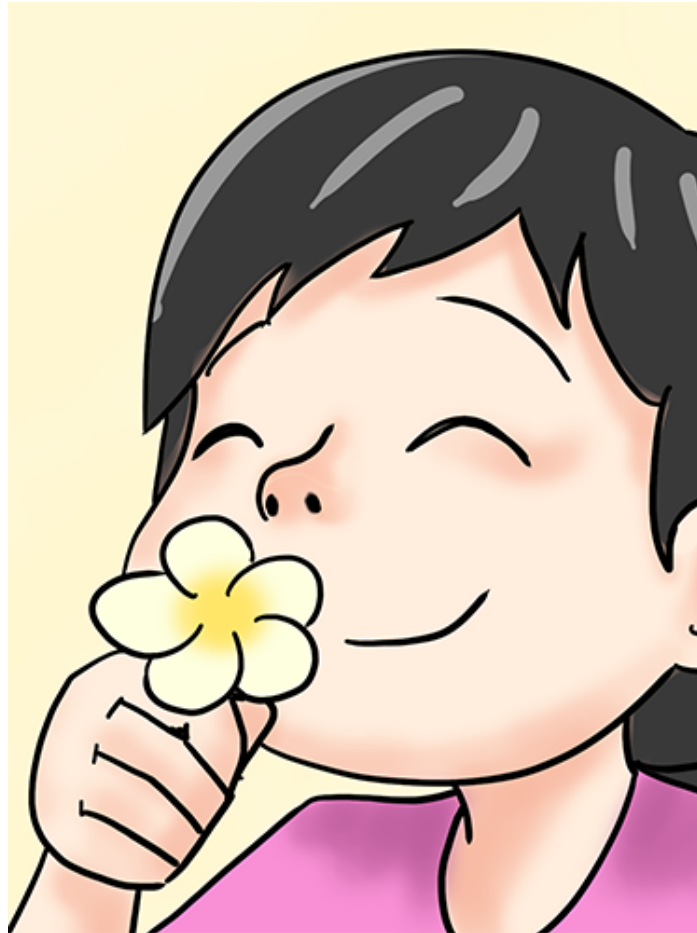


These are my eyes.  
I use my eyes to look.



This is my ear.

I use my ears to listen to different sounds.



This is my nose.

I use my nose to smell and breathe.



This is my mouth.

I use my mouth to drink, talk, and eat.





These are my teeth.

I use my teeth to chew food.





This is my tongue.

I use my tongue to taste food.



These are my hands.

I use my hands to touch and write.



These are my feet.

I use my feet to walk, stand, and run.



Pum Anh Lao is a nonprofit, social enterprise that publishes children's books and promotes reading for disadvantaged groups. Pum Anh conducts writers' workshops with children and adults to develop stories – including for children with disabilities and for ethnic minorities. Pum Anh has developed, designed and illustrated a wide range of teaching and reading materials for UN agencies and NGOs, working closely with the Ministry of Education

and Sports and the Ministry of Information,  
Culture and Tourism.

Brought to you by



**The Asia Foundation**

Let's Read is an initiative of The Asia Foundation's Books for Asia program that fosters young readers in Asia and the Pacific.

[booksforasia.org](http://booksforasia.org)

To read more books like this and get further information about this book, visit [letsreadasia.org](http://letsreadasia.org)

### **Original Story**

ຮ່າງກາຍຂອງຂ້ອຍ (*My Body*), Author: ສຸກພະຈັນ ໄຊເສນາ. Illustrator: ຄໍາປະສອນ ສີຫາປັນຍາ. Published by The Asia Foundation - Let's Read, © The Asia Foundation - Let's Read. Released under CC-BY-4.0.

This work is a modified version of the original story. © The Asia Foundation, 2021. Some rights reserved. Released under CC-BY-4.0.



For full terms of use and attribution,  
<http://creativecommons.org/licenses/by/4.0/>

Contributing translators: